

November 4, 2020

To Whom It May Concern,

On behalf of Ophea, I am writing regarding the *GIVE AND GO* documentary proposed by Mark McGuire Executive Director of GIVE AND GO Sport Education. Ophea provides our support based on the aims of this documentary film to raise awareness of the advantages of multi-sport, physical activity and recreation participation for Canadian youth.

Within the education system much work has been done to pivot to renewed ways of delivering Physical Education that are not sport specific. Ontario students are taught about the value of regular participation in a variety of physical activities, through daily activity while ensuring their safety of themselves and others. Movement competencies including skills, concepts and strategies are now taught in Physical Education and broader connections to healthy living and social-emotional learning have been made.

A foundational principle of the revised Health and Physical Education curriculum is that it is most effective when delivered in a healthy school and when students' learning is supported by school staff, families, and communities. Where public messaging can support broader awareness of multi-sport participation and align with the aims of Physical Education delivered in schools then Ophea sees benefits for students.

Given the number of interventions within the school system Ophea has an interest in alignment and consistency of messages. In support of the *GIVE AND GO* Sport Education project, Ophea will:

- Provide input into the documentary
- Provide advice and consultation around the effective implementation of physical education programming in Ontario schools
- As appropriate publicly promote the documentary on social media channels

Best Regards,



Chris Markham
Executive Director and CEO